Cook Cas

Twin Valley Community Local Schools

K-12 Breakfast Menu September 2018

Cinnamon Toast Cherry Frudel Cinnamon Cream **Breakfast Bar Assorted Fruit Assorted Fruit Cereal Bar** Cheese Bagel **Labor Day Choice of Milk Choice of Milk Cherry Yogurt Assorted Fruit Assorted Fruit Choice of Milk** No School Choice of Milk 10 12 13 14 Pancake Sausage French toast Sticks **Fruit Cereal Bar** Mini Cinni Apple Frudel on a Stick **Scooby Doo Assorted Fruit Assorted Fruit** with Syrup **Assorted Fruit Assorted Fruit Grahams Choice of Milk Choice of Milk Choice of Milk Assorted Fruit Choice of Milk Choice of Milk** 17 19 20 21 18 **Glazed Donut Apple Cinnamon PB&J Jammers French Toast Sticks Cinnamon Cream Assorted Fruit Assorted Fruit** with Syrup **Cheese Bagel** Muffin **Choice of Milk** Assorted Fruit **Assorted Fruit Assorted Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Milk** 24 25 26 27 28 **Trix Cereal Bar** Trix Yogurt **Blueberry Muffin Cherry Frudel Strawberry Poptarts Chocolate Grahams** Graham Cracker **String Cheese** Assorted Fruit **Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Milk**

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Fresh Fruit or Canned Offered Daily
White & Chocolate Milk Offered Daily
All Breakfast Entrees Are Whole Grain
All Breakfast meet the National School Lunch
Program

